

THE SWEDISH IMMIGRANT TRUNK

December 21

What: The past comes to life as we unpack Anna Persson's 1860 immigrant trunk bound on a steamer headed for the United States of America, Minneapolis. Discover the facts of early Swedish immigrant life by what typical Swedish immigrants brought with them on their journey. Imagine walking in the shoes of Anna in a lively program that's part show and tell, part "Antiques Roadshow".

This will be our Christmas Brunch served by your Primetime Committee.

When: Thursday, December 21, 2017

When: 9:30 AM—BRUNCH
10:00 AM—Program

Where: Redeemer Lutheran Church Atrium

Cost: A minimum donation of \$5.00 requested.

How to sign up: Sign up at the Redeemer Welcome Center or call the church office (651-429-5411) by **December 13, 2017**.



What is

PRIMETIME?

PRIMETIME consists of a group of active, older adults in the PRIME of life that meets the third Thursday of the month between September and May. Most meetings are held in Redeemer Lutheran Church's Atrium at 9:30 AM for *Coffee Plus*, with a speaker at 10:00 AM. Tours to plays, museums, etc. are scheduled at least twice a year.

QUESTIONS:

Redeemer member, Barb Wojahn, coordinates PRIMETIME Events.

Contact Barb at bcwojahn@gmail.com or call 651-429-2557.



REDEEMER LUTHERAN CHURCH

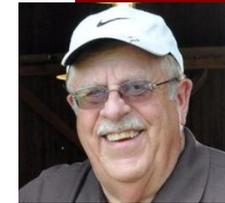
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REDEEMER PRIMETIME



*Active older
adults in
the PRIME
of life*



FALL 2017

“ALT FOR NORGE”

(The Great Norway Adventure)

David Engen

September 21

What: DAVID ENGEN, contestant on Season 6 of this reality television program shown on TVNorge will share firsthand stories of his experiences. The ten episodes put the twelve American contestants of Norwegian heritage through various challenges in hopes of winning the chance to meet their Norwegian relatives and win \$50,000. David Engen, a former pastor and resident of Minneapolis, will share first-hand stories of his experiences. Norwegian producer Thor Orelid said, “The show is popular with viewers because ‘Norwegians love to see Americans react to typical Norwegian things. We can laugh about their poor adaptation to Norwegian culture and laugh at ourselves as they point out weird customs we take for granted.’” Come prepared for a most popular and enjoyable presentation to kick off the 201-2018 season of Redeemer’s Primetime program.

When: Thursday, September 21
9:30 AM—Coffee Plus 10:00 AM—Program

Where: Redeemer Lutheran Church Atrium

Cost: Free will Offering covers costs of speakers, busing, etc.

How to sign up: Sign up at the Redeemer Welcome Center or call the church office (651-429-5411) by **September 17, 2017.**



TOUR—MINNESOTA STATE CAPITOL RESTORATION

October 19

What: From gleaming marble and vibrant art and to new public spaces, the Minnesota State Capitol’s comprehensive, \$310 million, 4-year renovation—the largest preservation effort since it opened in 1905—was completed in early 2017. Tour guides will lead us through the newly polished gem, giving us an overview of the Capitol’s history, art, architecture and government

When: Thursday, October 19 9:00 AM
Bus leaves promptly at 9:15 AM

Where: Pickup at Mad Jack’s
35 County Road E. East—Vadnais Heights
Details: Tour of the Capitol starts at 10:00 AM and last about 1 hour. You are then free to wander around the building and grounds until 12:00 PM when the bus leaves for Mad Jack’s for lunch (on your own).

Cost: \$12.00 covers bus and capitol donation (Checks to Redeemer Primetime)
Special Registration: Sign up at the Redeemer Welcome Center or call the church office (651-429-5411) by **after September 21 and by October 12.**



CHRONIC PAIN AND OPIOID ADDICTION

November 17

What: Have you been reading about “The Opioid Menace”? Our speaker, Laz Carreon is a Registered Nurse at the White Earth Nation Opiate Treatment Program in Minneapolis. He has over 7 years of experience working in medication assisted treatment programs for opiate addiction. Some common questions you may be asking, “What are opioids? Are Opioids related to Opium? Why is this being called an epidemic? Is there a connection to Heroin? What is being done to respond to this crisis? Why is this epidemic hitting older adults?”

Come hear from someone who has been actively involved in treatment for the opiate epidemic in Minnesota.

When: Thursday, November 17 9:00 AM
When: 9:30 AM—Coffee Plus 10:00 AM—Program

Where: Redeemer Lutheran Church Atrium

Cost: Free Will Offering covers Primetime expenses

How to sign up: Sign up at the Redeemer Welcome Center or call the church office (651-429-5411) by **November 12, 2017.**

